When is the best time to start a brain fitness program?

TODAY!

It's quick. It's fun. It's clinically tested.

No computer skills required!

Your Mind Matters™

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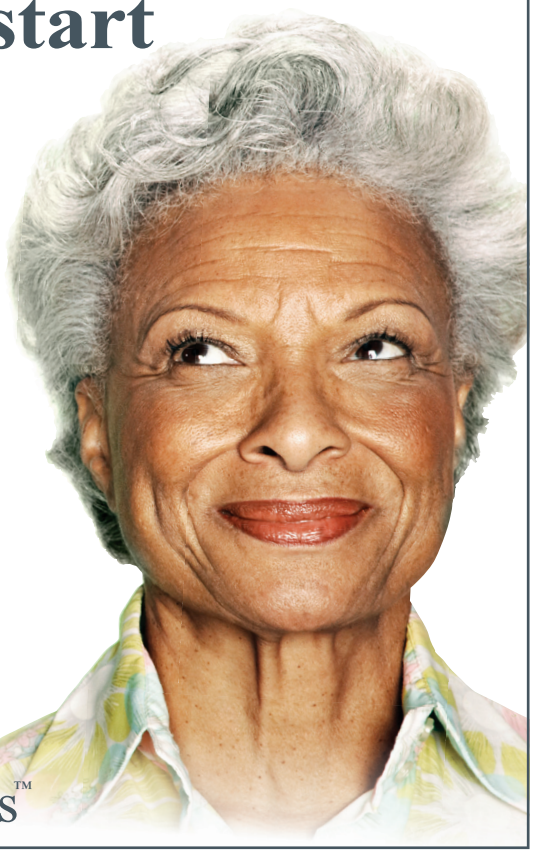

Your Mind Matters™

As Dakim's Chief Scientific Advisor Dr. Gary Small, Director of the UCLA Memory and Aging Research Center, says, "it's never too late or too early to start beating the brain aging game."

More than twenty years of medical research that has concluded that rigorous cognitive stimulation can significantly reduce the risk of memory loss. And Dakim has been shown in a clinical trial to significantly improve memory, and language skills while you strengthen attention, focus, and concentration. Best of all, it's fun and takes only 20 minutes, three to five times per week.

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The best reason to keep your mind sharp.

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Nothing is more important than your relationships with your family and friends. Enjoying them fully depends on keeping your mind sharp.

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You owe it to yourself, and to those who care about you. Stay sharp with Dakim BrainFitness!

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You're never too busy to protect your brain health.

It's quick. It's fun. It's clinically tested.

A proven way to improve your memory.

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Your days are filled with activities you really enjoy. But to stay on top of your game, and get the most out of life, you've got to keep your mind sharp!

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You've been exercising your body, don't forget to exercise your brain.

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What's good for the body is good for the brain! In addition to eating right and getting exercise, give your brain a workout too. Dakim BrainFitness makes it easy and fun. You'll get a comprehensive brain fitness workout in just 20 minutes, three to five times per week.

Dakim has been clinically tested and shown to significantly improve memory and language skills as it strengthens attention, focus, and concentration.

Get with the program!

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This year do something really good for yourself.

Stay active, eat right and keep your mind sharp with clinically tested Dakim BrainFitness.

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Medical research has concluded that regularly exercising your brain can reduce the risk of dementia by more than 60%. Dakim BrainFitness has been clinically tested and shown to significantly improve memory and language skills as you strengthen attention, focus and concentration. It provides a comprehensive brain fitness workout that cross-trains the brain in six essential cognitive domains in each session. Best of all, it's fun and takes only 20 minutes, three to five times per week.

Join the thousands of people who have made Dakim BrainFitness an important part of their wellness routines.

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You've decided to get in better shape this year.

Don't forget to exercise the most important muscle in your body—your Brain!

Stay sharp with clinically tested Dakim BrainFitness.

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Spring is here! It's the perfect time for a fresh start.

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Spring is a great time to grow your brain power!

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The lazy days of summer are here.

Don’t forget to exercise your brain with clinically tested Dakim BrainFitness.*

*No sunscreen required.

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Summer is a great time to kick back and relax, but even in summer it's important to do everything we can to keep our mind sharp.

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Make the most of this summer by including Dakim BrainFitness!

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Summer's over...

Take off your swimming cap and put on your thinking cap!

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Summer's been great—maybe you took some days off from your regular routines. As the days get cooler, now's the time to get back on track with Dakim BrainFitness.

The Dakim BrainFitness System has been clinically tested and shown to significantly improve memory and language skills as you strengthen attention, focus and concentration. It provides a comprehensive brain fitness workout that cross-trains the brain in six essential cognitive domains in each session. Best of all, it's fun and takes only 20 minutes, three to five times per week.

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The holidays are here...

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There's no time like the holidays! Days are filled with family and friends and a thousand things to do. But while you're really busy, remember to take the time to exercise your brain—because your mind matters!

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This new year make brain fitness your resolution!

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